



Equipment & Rental Checklist for Polar Training Course

CLIENT'S NAME: TRIP:

| | | | | | OFFICE USE ONLY | | | |
|--|-------------|---------|------------|------------|-----------------|----------|----------|----------|
| TECHNICAL EQUIPMENT | Size | Own | Require | \$ Per Day | # of Days | Total \$ | Item # | Returned |
| Climbing harness (with adjustable leg loops) | S, M, L, XL | | | Free | | | | |
| Carabiners – Screw lock x 3, Snap link x 3 Belay device/descender | | | | Free | | | | |
| Prusiks (6mm cord) – 2 x 1.6m, 1 x 3.2m Sling (16mm) – 1 x 3m | | | | Free | | | | |
| Personal anchor system/cow's tail | | | | Free | | | | |
| Ice axe | | | | Free | | | | |
| Crampons <i>(please specify boot size)</i> | | | | Free | | | | |
| Snow stake/Picket | | | | Free | | | | |
| AVALANCHE SAFETY EQUIPMENT | | | | | | | | |
| Avalanche transceiver | | | | Free | | | | |
| Snow shovel | | | | Free | | | | |
| Probe | | | | Free | | | | |
| RENTAL GEAR | | | | | | | | |
| Size | Own | Require | \$ Per Day | # of Days | Total \$ | Item # | Returned | |
| Touring Skis, Boots & Skins <i>(contact us to organize)</i> | | | \$80 | | | | | |
| Backpack 50-65L alpine climbing pack | S, M, L, XL | | \$10 | | | | | |
| Waterproof shell jacket | S, M, L, XL | | \$15 | | | | | |
| Down jacket | S, M, L, XL | | \$15 | | | | | |
| Waterproof shell pants | S, M, L, XL | | \$15 | | | | | |
| Sleeping bag <i>(a sleeping bag liner required)</i> | | | \$20 | | | | | |
| Adjustable Ski Poles <i>(pair with snow baskets)</i> | | | \$5 | | | | | |
| Foam and Inflatable sleeping mats | | | \$5 | | | | | |
| Bivy bag <i>(if required)</i> | | | \$3 | | | | | |
| OTHER | | | | | | | | |
| Retail Purchases | | | | | | | | |
| | | | | | | | | |
| TOTAL COSTS NZ\$ | | | | | | | | |

Conditions of Hire

- I accept full responsibility for the care and return of the rental equipment in a clean condition and agree to reimburse Adventure Consultants Ltd for any loss or damage other than reasonable wear resulting from use.
- I accept full responsibility for any group equipment that is in my use or care and agree to reimburse Adventure Consultants Ltd for any loss or damage other than reasonable wear resulting from use. (This includes but is not limited to items such as climbing ropes, tents etc.).
- INJURY OR DAMAGE TO HIRER OR THIRD PERSONS OR PROPERTY**
The hirer shall not have any claim against the owner for loss or damage suffered by the hirer as a result of the hirer's use of the equipment and further the hirer will indemnify the owner against any claim made against the owner by a third person or other losses arising out of the use of the equipment by the hirer.

HIRER'S SIGNATURE: DATE:

Polar Training Course Checklist

Required Personal Equipment

All the above items are necessary for mountaineering in New Zealand. Due to the variable weather and conditions in the New Zealand Mountains, some of the items below may or may not be utilised on your trip.

For a complete description of each item please see our detailed equipment notes.

Body Wear

- Waterproof/breathable shell jacket
- Waterproof/breathable shell pants
- Down or synthetic insulated jacket (*see equipment notes*)
- Softshell jacket
- Lightweight fleece top
- Lightweight fleece pants
- Softshell climbing pants
- Base layer top (x 2) and leggings (x 1)
- Underwear and socks

Head Wear

- Baseball cap or sun hat
- Woollen or fleece hat (*capable of fitting under a helmet*)
- Bandana or buff
- Sunglasses
- Snow goggles

Hand Wear

- Liner gloves (x2 pair)
- Fleece gloves
- Ski/mountaineering gloves

Skiers

- Ski touring boots
- Skis with touring bindings
- Climbing skins
- Adjustable ski poles with snow baskets

Gear and Accessories

- Alpine climbing backpack (*50-65L*)
- Down sleeping bag (*4 season or 700+ grams down fill*)
- Headlamp and spare batteries
- Water bottles (*1-2 litres – 2 x 1 litre, 1 x 1 litre or 2 x 500ml. See equipment notes*)
- Small first aid kit (*blister tape, painkillers, etc.*)
- Toilet bag (*toothbrush/toothpaste, medications, etc.*)
- Wash kit (*towel, soap, shampoo etc.*) – For use at sub-alpine accommodations pre, post and possibly during your trip.
- Sunscreen and spf 15+ lip balm
- Stuff sacks and pack liner
- Cutlery, cup and bowl
- 'A Climbers Guide' book

Optional Extras

- Thermos flask
- Ear plugs
- Down booties or hut shoes (*for hut use*)
- Camera and spare batteries or Phone with power bank/portable charger
- Map, compass, note pad and pencil
- Pocket knife or multi tool

****If you have your own technical equipment, please bring it so that you can learn how to use it properly and get really familiar with it.***

NOTE: Adventure Consultants provide a special order retail service should you wish to purchase equipment. Contact us if you would like to know more about this service.
