



Equipment & Rental Checklist for Seven Summits Training Course

CLIENT'S NAME: TRIP:

						OFFICE USE ONLY			
TECHNICAL EQUIPMENT	Size	Own	Require	\$ Per Day	# of Days	Total	Item #	Returned	
Climbing Harness (with adjustable leg loops)	S, M, L, XL			Free					
Carabiners – Screw lock x 3, Snap link x 3 Belay Device/Descender				Free					
Prusiks (6mm cord) – 2 x 1.6m, 1 x 3.2m Sling (16mm) – 1 x 3m				Free					
Personal Anchor System/Cow's Tail				Free					
Climbing Helmet	S/M, L/XL			Free					
Jumar x 1				Free					
Ice Axe				Free					
Ice Hammer				Free					
Crampons <i>(please specify boot size)</i>				Free					
AVALANCHE SAFETY EQUIPMENT <i>(if required)</i>									
Avalanche Transceiver				Free					
Snow Shovel				Free					
Probe				Free					
RENTAL GEAR	Size	Own	Require	\$ Per Day	# of Days	Total	Item #	Returned	
Mountaineering Boots <i>(please specify EU, US, UK size)</i>				\$15					
Backpack 50-65L Alpine Climbing Pack	S, M, L, XL			\$10					
Waterproof Shell Jacket	S, M, L, XL			\$15					
Down Jacket	S, M, L, XL			\$15					
Waterproof Shell Pants	S, M, L, XL			\$15					
Sleeping Bag <i>(a sleeping bag liner is required)</i>				\$20					
Trekking Poles <i>(optional) (one pair with snow baskets)</i>				\$5					
Foam and inflatable sleeping mats				\$5					
Bivy Bag <i>(if required)</i>				\$3					
OTHER									
Retail Purchases									
TOTAL COSTS NZ\$									

Conditions of Hire

1. I accept full responsibility for the care and return of the rental equipment in a clean condition and agree to reimburse Adventure Consultants Ltd for any loss or damage other than reasonable wear resulting from use.
2. I accept full responsibility for any group equipment that is in my use or care, and agree to reimburse Adventure Consultants Ltd for any loss or damage other than reasonable wear resulting from use. (This includes but is not limited to items such as climbing ropes, tents etc.).
3. **INJURY OR DAMAGE TO HIRER OR THIRD PERSONS OR PROPERTY**
The hirer shall not have any claim against the owner for loss or damage suffered by the hirer as a result of the hirer's use of the equipment and further the hirer will indemnify the owner against any claim made against the owner by a third person or other losses arising out of the use of the equipment by the hirer.

HIRER'S SIGNATURE: DATE:

Seven Summits Training Course Checklist

Required Personal Equipment

All the above items are necessary for mountaineering in New Zealand. Due to the variable weather and conditions in the New Zealand Mountains, some of the items below may or may not be utilised on your trip.

For a complete description of each item, please refer to our detailed equipment notes.

Body Wear

- Waterproof/breathable shell jacket
 - Waterproof/breathable shell pants
 - Down or synthetic insulated jacket (*see equipment notes*)
 - Softshell jacket
 - Lightweight fleece top
 - Softshell climbing pants
 - Glacier shirt
 - Base layer top (x 2) and leggings (x 1)
 - Underwear
 - Socks
 - Snow gaiters
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Head Wear

- Baseball cap or sun hat
 - Woollen or fleece hat (*capable of fitting under a helmet*)
 - Bandana or buff
 - Sunglasses
 - Snow goggles
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Hand Wear

- Liner gloves (x 2)
 - Fleece gloves
 - Mountaineering gloves (*removable liner is a nice feature*)
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Gear and Accessories

- Alpine climbing backpack (*50-65L*)
 - Down sleeping bag (*3-4 season*)
 - Headlamp and spare batteries
 - Water bottle (*1-2 litres – 2 x litre, 1 x 1 litre, 2 x 500ml. See equipment notes*)
 - Small first aid kit (*blister tape and painkillers etc.*)
 - Toilet bag (*toothbrush/toothpaste and medications etc.*)
 - Wash kit (*towel, soap, shampoo etc.*) – For use at sub-alpine accommodations pre, post and possibly during your trip.
 - Sunscreen and SPF 15+ lip balm
 - Stuff sacks and pack liner
 - Cup, bowl & spoon
 - Rock climbing shoes (*if you have your own, please bring them. If you don't, we will provide them*)
 - 'A Climbers Guide' Book
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Optional Extras

- Ear plugs
 - Hut shoes (*for hut use*)
 - Camera and spare batteries or Phone with power bank/portable charger
 - Trekking poles with snow baskets (*if you have them*)
 - Map, compass, note pad and pencil
 - Pocket knife or multi tool
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****If you have your own technical equipment, please bring it so that you can learn how to use it properly and get really familiar with it.***

**NOTE: Adventure Consultants provide a special order retail service should you wish to purchase equipment.
Please contact us if you would like to know more about this service.**
