



Equipment & Rental Checklist for Polar Training Course

CLIENT'S NAME:

TRIP:

TECHNICAL EQUIPMENT	Own	Require	Number of Days	Free of Charge	Total	Item Number	Returned
Climbing harness (with adjustable leg loops) <i>(Please specify size: S, M, L, XL)</i>				Free			
Carabiners – Screw lock x 2, Snap link x 3 Belay device/descender				Free			
Prusiks (6mm cord) – 2 x 1.6m, 1 x 3.2m Sling (16mm) – 1 x 3m Personal anchor system/cow's tail				Free			
Ice axe				Free			
Crampons <i>(Please specify boot size)</i>				Free			
Snow stake/Picket				Free			
Avalanche transceiver, snow shovel, probe <i>(If required)</i>				Free			
RENTAL GEAR	Own	Require	Number of Days	Price Per Day	Total	Item Number	Returned
Touring Skis, Boots & Skins <i>(Contact us to organize)</i>				\$80			
Backpack 50-65 litre alpine climbing pack <i>(S, M, L, XL)</i>				\$10			
Waterproof shell jacket <i>(Please specify size: S, M, L, XL)</i>				\$15			
Down jacket <i>(Please specify size: S, M, L, XL)</i>				\$15			
Waterproof shell pants <i>(Please specify size: S, M, L, XL)</i>				\$15			
Sleeping bag <i>(Sleeping bag liner required)</i>				\$20			
Adjustable Ski Poles <i>(Pair with snow baskets)</i>				\$5			
Foam and inflatable sleeping mats				\$5			
Bivy bag <i>(If required)</i>				\$3			
OTHER							
Accommodation							
Bus transfers							
Retail purchases							
TOTAL COSTS NZ\$							

Conditions of Hire

- I accept full responsibility for the care and return of the rental equipment in a clean condition and agree to reimburse Adventure Consultants Ltd for any loss or damage other than reasonable wear resulting from use.
- I accept full responsibility for any group equipment that is in my use or care, and agree to reimburse Adventure Consultants Ltd for any loss or damage other than reasonable wear resulting from use. (This includes but is not limited to items such as climbing ropes, tents etc.).
- INJURY OR DAMAGE TO HIRER OR THIRD PERSONS OR PROPERTY**
The hirer shall not have any claim against the owner for loss or damage suffered by the hirer as a result of the hirer's use of the equipment and further the hirer will indemnify the owner against any claim made against the owner by a third person or other losses arising out of the use of the equipment by the hirer.

HIRER'S SIGNATURE:

DATE:

Polar Training Course Checklist

Required Personal Equipment

All of the above items except those marked optional, are necessary for mountaineering in New Zealand. Due to the variable weather and conditions in the New Zealand Mountains, some of the items below may or may not be utilised on your trip.

For a complete description of each item please see our detailed equipment notes.

Body Wear

- Waterproof/breathable shell jacket
- Waterproof/breathable shell pants
- Down or synthetic insulated jacket (*See equipment notes*)
- Softshell jacket
- Lightweight fleece top
- Lightweight fleece pants
- Softshell climbing pants
- Base layer top (x 2) and leggings (x 1)
- Underwear and Socks

Head Wear

- Baseball cap or sun hat
- Woollen or fleece hat
- Bandana or Buff
- Sunglasses
- Snow goggles

Hand Wear

- Liner gloves
- Fleece gloves
- Ski/mountaineering gloves (*with a removable liner*)

Skiers

- Ski touring boots
- Skis with touring bindings
- Climbing skins
- Ski poles with snow baskets

Sleeping Gear & Accessories

- Down sleeping bag (*4 season or 700+ grams down fill*)
- Headlamp and spare batteries
- Water bottles (*1-2 litres – 2 x 1 litre, 1 x 1 litre or 2 x 500ml. See equipment notes*)
- Small first aid kit (*Blister tape, painkillers, etc.*)
- Toilet bag (*Toothbrush/toothpaste, medications, etc.*)
- Sunscreen and spf 15+ lip balm
- Stuff sacks and pack liner
- Cutlery, cup and bowl
- 'A Climbers Guide' book

Optional Extras

- Thermos flask
- Ski helmet (*If you wear one bring it*)
- Ear plugs
- Down booties or hut shoes (*For hut use*)
- Camera and batteries
- Map, compass, note pad and pencil
- Pocket knife or multi tool

**If you have your own technical equipment, please bring it along so that you can learn how to use it properly and get really familiar with it.*

NOTE: Adventure Consultants provide a special order retail service should you wish to purchase equipment. Contact us if you wish to know more about this service.

GUIDES ADDITIONAL TRIP EQUIPMENT NOTED HERE: