



Equipment & Rental Checklist for Seven Summits Training Course

CLIENT'S NAME:

TRIP:

TECHNICAL EQUIPMENT	Own	Require	Number of Days	Free of Charge	Total	Item Number	Returned
Climbing Harness (with adjustable leg loops) <i>(Please specify size: S, M, L, XL)</i>				Free			
Carabiners – Screw lock x 3, Snap link x 3 Belay Device/Descender				Free			
Prusiks (6mm cord) – 2 x 1.6m, 1 x 3.2m Sling (16mm) – 1 x 3m Personal Anchor System/Cow's Tail				Free			
Climbing Helmet <i>(Please specify size: S/M or L/XL)</i>				Free			
Jumar x 1				Free			
Ice Axe				Free			
Ice Hammer				Free			
Crampons <i>(Please specify boot size)</i>				Free			
Avalanche Transceiver, Snow Shovel, Probe <i>(If required)</i>				Free			
RENTAL GEAR	Own	Require	Number of Days	Price Per Day	Total	Item Number	Returned
Mountaineering Boots <i>(Please specify size)</i>				\$15			
Backpack 50-65 litre Alpine Climbing Pack <i>(S, M, L, XL)</i>				\$10			
Waterproof Shell Jacket <i>(Please specify size: S, M, L, XL)</i>				\$15			
Down Jacket <i>(Please specify size: S, M, L/XL)</i>				\$15			
Waterproof Shell Pants <i>(Please specify size: S, M, L/XL)</i>				\$15			
Sleeping Bag <i>(a Sleeping bag liner is required)</i>				\$20			
Trekking Poles <i>(One pair with snow baskets)</i>				\$5			
Foam and inflatable sleeping mats				\$5			
Bivy Bag <i>(If required)</i>				\$3			
OTHER							
Accommodation							
Bus transfers							
Retail purchases							
TOTAL COSTS NZ\$							

Conditions of Hire

- I accept full responsibility for the care and return of the rental equipment in a clean condition and agree to reimburse Adventure Consultants Ltd for any loss or damage other than reasonable wear resulting from use.
- I accept full responsibility for any group equipment that is in my use or care, and agree to reimburse Adventure Consultants Ltd for any loss or damage other than reasonable wear resulting from use. (This includes but is not limited to items such as climbing ropes, tents etc.).
- INJURY OR DAMAGE TO HIRER OR THIRD PERSONS OR PROPERTY**
The hirer shall not have any claim against the owner for loss or damage suffered by the hirer as a result of the hirer's use of the equipment and further the hirer will indemnify the owner against any claim made against the owner by a third person or other losses arising out of the use of the equipment by the hirer.

HIRER'S SIGNATURE:

DATE:

Seven Summits Training Course Checklist

Required Personal Equipment

All of the above items except those marked optional are necessary for mountaineering in New Zealand. Due to the variable weather and conditions in the New Zealand Mountains, some of the items below may or may not be utilised on your trip.

For a complete description of each item, please refer to our detailed equipment notes.

Body Wear

- Waterproof/breathable shell jacket
- Waterproof/breathable shell pants
- Down or synthetic insulated jacket (*See equipment notes*)
- Softshell jacket
- Lightweight fleece top
- Softshell climbing pants
- Glacier shirt
- Base layer top (x 2) and leggings (x 1)
- Underwear
- Socks
- Snow gaiters

Head Wear

- Baseball cap or sun hat
- Woollen or fleece hat
- Bandana or Buff
- Sunglasses
- Snow goggles

Hand Wear

- Liner gloves
- Fleece gloves
- Mountaineering gloves (*with a removable liner*)

Sleeping Gear & Accessories

- Down sleeping bag (*3-4 season*)
- Headlamp and spare batteries
- Water bottle (*1-2 litres – 2 x 1 litre, 1 x 1 litre, 2 x 500ml. See equipment notes*)
- Small first aid kit (*Blister tape and painkillers etc.*)
- Toilet bag (*Toothbrush/toothpaste and medications etc.*)
- Sunscreen and SPF 15+ lip balm
- Stuff sacks and pack liner
- Cutlery, cup and bowl
- Rock climbing shoes (*If you have your own, please bring them. If you don't, these can be hired locally*)
- 'A Climbers Guide' Book

Optional Extras

- Ear plugs
- Hut shoes (*For hut use*)
- Camera and batteries
- Trekking poles with snow baskets (*If you have them*)
- Map, compass, note pad and pencil
- Pocket knife or multi tool

**If you have your own technical equipment, please bring it along so that you can learn how to use it properly and get really familiar with it.*

**NOTE: Adventure Consultants provide a retail order service should you wish to purchase equipment.
Please contact us if you wish to know more about this service.**

GUIDES ADDITIONAL TRIP EQUIPMENT NOTED HERE:
