



NEWS

MAY 2002 • DON'T JUST DREAM ABOUT IT

At Adventure Consultants we are celebrating our 10th year of operation



It is hard to believe that a decade has passed since I stood on the summit of Everest for the first time, the memories for me are still incredibly vivid. My companions that day, Rob Hall and Gary Ball, had asked me to assist them with the expedition and together we reached the top with 7 of our clients and 5 Sherpas.

Sadly, Hall and Ball are no longer with us but they left me with the spirit of their vision, to put together and run exceptional expeditions in the remote and wonderful wilderness regions on this world.

Adventure Consultants has evolved over the past 10 years. Initially offering four climbs; Everest, Cho Oyu, Carstensz and Vinson, nowadays we have a broad-spectrum operation which encompasses many facets of mountaineering and adventure. Each year we now operate 12 expeditions, a New Zealand Guiding and Instruction School, trekking trips, film safety and much more. Of the 24 International expeditions we have run since I was passed the Adventure Consultants torch, we have had 20 successful summits.

However it is, you, our customers who have been the inspiration for us to continue to grow and offer more exciting destinations. For all the great moments we have shared with you, and the satisfaction we feel when we see you on a summit or in some remote region, with a big smile on your face, thanks, that's why we do it. We are fortunate that the primary objective of our job is to assist motivated people on their life's adventures. What could be better!

Our successes have only been possible due to the fabulous work of our excellent band of Sherpas, guides and office staff back here in New Zealand. That I have the fortune to work with this team is enriching and immensely satisfying, as I'm sure you will acknowledge when you join us on your next adventure!

Guy Cotter - Director / UIAGM Mountain Guide

Another successful New Zealand guiding season

Our New Zealand guiding operations experienced another busy season with climbers from all corners of the globe coming to the Southern Alps.

The colder than normal weather conditions early season kept the routes on the high peaks in good shape throughout the summer resulting in many successful ascents. Our guides shared the view from over 30 different peaks on a range of guided ascents with our guests. Our

scope of guiding operations extended throughout the Mount Aspiring, Westland (Fox and Franz Josef Glaciers) and Mount Cook / Aoraki National Parks.

Richard Castine from Alice Springs - Australia started his climbing career on one of our Private Instruction Courses last year, and returned this season for a successful ascent of Mount Tasman at 3489m. He was joined by Owen Davies from Canada, who completed a six-



Owen and Richard on the summit of Mt Tasman

week expedition-training program with Adventure Consultants in 2001, and had just returned from Argentina after our successful Aconcagua 2002 Expedition. Owen has his sights on the seven summits, and is well on the way with three to go. He is off to Denali next, and Richard has Mt Cho Oyu in his sights, with the goal of being the first person from Alice Springs to climb an 8000m peak. Our last contact from the intrepid two was a mobile phone call from the top of Ayers Rock! Our summer mountaineering instruction courses attracted many aspiring mountaineers this season.

In addition to our introductory 7 day **Mountaineering Instruction Course**, the tailored **Private Instruction 7 and 10 day courses**, and the exclusive 12 day **Alpine Expedition Course**, we will be offering a new 10 day **Alpine Climbing Course** next summer which will focus on technical skills and



Richard Castine ascending Mt Tasman's north shoulder

lead climbing techniques by ascending a variety of alpine routes. This course will suit climbers who want to take their skills to a more advanced level, and pursue their own mountaineering objectives.

Our winter **Ice Climbing Course** launched in 2001 has proved to be popular. This 5-day course is based from a lodge close to the alpine ice routes, allowing you to enjoy a hot shower and warm bed at the end of the day! There is also the option to combine the course with a week's skiing or snow boarding at one of the nearby ski resorts in the region.



Sent: Wednesday, 30 January 2002 5:23 p.m.
 To: info@adventure.co.nz
 Subject: Thanks

Guy,

On behalf of the "John Clark Group" I would like to thank you, your guides and especially Suze and Christine, for putting together an exceptional trip for the 5 of us.

Our group has climbed all over the world with several different guiding services but we are of one mind in saying that Adventure Consultants was unsurpassed in quality, attention to detail and companionship: simply, you are the finest guide service we have encountered in 15 years of climbing and trekking.

Despite our group arriving on different days and having different climbing objectives, your office was able to develop an impeccably planned, accurate and realistic itinerary that met all our desires. Thank you again for giving us such a great holiday in New Zealand. We look forward to working with you in the future.

Sam Insalaco
 Lakewood, Washington, USA

New trekking option Mustang Horse Trek

The Mustang region of Nepal is often referred to as 'The Forbidden Kingdom of Nepal'. This stark and barren area of the middle Himalayas holds the last remnants of true Tibetan lifestyle untainted by foreign occupation. Whilst being annexed to Nepal, Mustang enjoys its own autonomy and the residents live much the same as they have for centuries. To avoid this unique Kingdom being overrun by tourism the region has been gazetted as a re-



Lo Montang, Mustang

Monastery in Mustang region



stricted area with only small numbers of tourists given access every year.

Guy Cotter and Adventure Consultants have been privileged with the approval of permission to enter Mustang in September this year and will travel with a small group through to Lo Monthang, the hub of this tiny Kingdom. These permits come at a price but in a world of ever decreasing natural habitats, we are possibly experiencing history which will be lost to future generations.

We are being supported on this journey by our special Sherpa friends of many years. With their world-wise approach and multi-lingual skills they will help us interpret the landscape and the people in addition to providing scrumptious meals and establishing our camps each night.

The Mustang region is a wilderness of huge proportions and will offer a truly exceptional experience. Contact the office for an information pack on the trip.

Mountain Guide focus

Helen Sovdat

Helen is a certified UIAGM guide based in the Canadian Rockies. She has worked in the mountains for over 20 years, and has a colourful history of climbing and ski mountaineering adventures including a series of ski traverses in the Coast Range of B.C. pioneering a "Haute Route" over 500 km long, from Bella Coola to Vancouver. She has climbed the highest peaks in Peru and Bolivia, and Aconcagua, Ama Dablam and Cho Oyu. Helen has enjoyed her recent move into expedition guiding with AC, and recently led our successful Island Peak and Lobuche East Expedition in 2001.



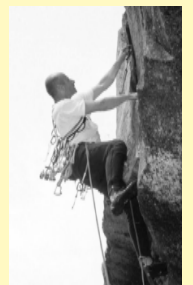
Mark Sedon

Mark has joined our New Zealand guiding team in full spirit having guided over a 100 days this season with AC! In his spare time, he is a keen rock climber and photojournalist, and is currently compiling a photographic book on Rock Climbing in New Zealand. During the winter months he works as an Avalanche Forecaster at a local ski area, and maintains his passion for adventure ski touring and ice climbing. Mark has his sights set on climbing in the Antarctic and the Himalaya, and joining our expedition guiding team.



Paul Rogers

Paul has an extensive background in the climbing, outdoor education and guiding industry. His track record goes back to an ascent of Uli Biaho (6109m) in Pakistan with AC Director, Guy Cotter, in 1989. He works year round as a guide, alternating between the Canadian Rockies and New Zealand, and recently worked on our Ama Dablam and Aconcagua expeditions. One could call Paul's home the great outdoors, when he isn't guiding around the globe he can be found at his favourite rock climbing retreat in the Darren Mountains of NZ's Fiordland National Park establishing new alpine rock-climbing routes.



International expeditions and treks

During the past year we have operated expeditions to Ama Dablam, Island Peak and Lobuche East, Cho Oyu, Muztagh Ata, Makalu and Aconcagua.

Island Peak and Lobuche East

The Adventure Consultants inaugural Island Peak expedition was highly successful with 5 of the 6 climbers reaching the summit led by UIAGM guide Helen Sovdat of Canada. Expedition members Cheryl & Todd Holt, John Inder, Jesse Alvarez, Lilla Molner and Robin Westrupp began their trek in with the Ama Dablam 2001 Expedition, spending three days relaxing with the team at their base camp before heading up the main valley towards Everest base camp. From Lobuche village the group split to allow some to visit Everest basecamp, and some to climb Kala Patar. They then headed down the valley to Pangboche and up to Chukung Ri before heading up to the Island Peak base camp. As a result of the extended trek before the climb, most of the team were well acclimatised and climbed Island Peak in 11 hours return to base camp. A well deserved summit of a 6189m Himalayan peak!

Four of the group then relocated to Lobuche East base camp, and after climbing Lobuche East, they trekked out via the Cho La and the Gokyo Lakes thereby visiting five different valleys in the Everest region during the expedition.

This is a great expedition to explore the Everest region and climb your first Himalayan peak, and is scheduled again for October 2002.

"About my trip to Island Peak this October, it was awesome!! I really really enjoyed it.

I enjoyed it so much that I am going back to Nepal next October with Adventure Consultants again. I commend Adventure Consultants in having a well organized trip, the food was excellent and plentiful, the Sherpas were friendly and helpful at making one feel at ease, and our guides Helen, Dean and Lila - they were the best, I have nothing but praise and the utmost respect for them and Adventure Consultants.

I came home from this trip with nothing but good memories. Keep up the good work and see you guys next October..."

Jesse A.

Adventure Consultants Makalu 2001 Expedition News and Documentary

On Saturday 12th May 2001, Expedition leader - Guy Cotter (NZ) and team members Takashi Ozaki (Japan) and Lhakpa Dorje (Nepal), walong with two members of a Chilean Expedition reached the summit of Mount Makalu. Renown as one of the more challenging Himalayan peaks, Makalu at 8463m is the fifth highest mountain in the world standing close to the Everest group at the head of the Barun valley.



Makalu summit day looking out at Everest and Lhotse

The Expedition followed the first ascent route, the 'Classic' Route, which was first climbed on the 15th of May 1955 by a French team led by Jean Franco. Makalu has had fewer than 190 ascents, and up until Lhakpa Dorje's second successful ascent on this expedition, there had not been a repeat summit (two successful summits by the same person). Rob Hall climbed Makalu in 1995 and is the only other New Zealander to have summited.

The expedition was joined by a Natural History New Zealand film crew, for a co-production with National Geographic International called 'X Force - the science of mountaineering' which is a documentary series about the thrills of extreme sports. The series explores the psychological and physical challenges of "pushing the limits" and discovers the science behind each discipline.

Visit our web site for dispatches from the Makalu expedition and an update on screening dates worldwide for the documentary - 'X Force'.

International Year of Mountains

This year has been declared The International Year of Mountains (IYM) and is being promoted internationally by Food and Agriculture Organization (FAO) and the World Conservation Union.

The aim of the IYM is to ensure the well being of mountain and lowland communities by promoting the conservation and sustainable development of mountain regions. FAO, the lead agency for the IYM, is working closely with UN and other organisations to make sure the broadest possible range of expertise is focused on reaching the goals of sustainable mountain development.

Many countries are organising mountain land conferences to mark the occasion, and renown Kiwi mountaineers Sir Edmund Hillary, Guy Cotter and John Nankervis were invited to speak at a conference held in March 2002 in Dunedin, New Zealand, which covered a wide range of mountain topics and issues.

Adventure Consultants retail service has expanded

With our large range of retail equipment we can now outfit our clients with all of their climbing needs. Our equipment selection has been proven and tested by our Guides, which allows us to offer full endorsement, and provide advice on all types of hardware and clothing. Our range includes top brands such as **Macpac**, **Blue Water**, **Petzl** and **Charlet Moser** and **Primus**.

We can supply you with the kit for climbing in the New Zealand Southern Alps to all your 8000 m expedition requirements! All you need to do is discuss and confirm your requirements and sizes, and we will order the goods so that they are available for you upon arrival.

Check out our web site for equipment notes and price lists, you can also order an Adventure Consultants T shirt, cap or poster.

New Zealand web site

We now operate two web sites.

Our New Zealand Mountaineering site is www.adventure.co.nz and International Expeditions and Treks is www.adventureconsultants.co.nz.

We are really keen to see our clients feature on these sites, so if you care to write a few words about your adventures with us, and email a photo if you have one, we would be pleased to post this.

- Adventure Consultants calendar -

2002

Jan 2002

New Zealand Courses and Ascents

Feb 2002

**Aconcagua Expedition
New Zealand Courses and Ascents
Antarctic Peninsula Expedition**

March 2002

New Zealand Courses and Ascents

April 2002

**Everest Expedition
Everest Base Camp Trek**

May 2002

Everest Expedition

June 2002

Great Trango Expedition

July 2002

**Muztagh Ata Expedition
New Zealand Ice Climbing
Broad Peak Expedition**

August 2002

**Muztagh Ata Expedition
New Zealand Ice Climbing
Broad Peak Expedition**

September 2002

Cho Oyu Expedition

October 2002

**Ama Dablam Expedition
Island Peak Expedition/Trek**

November 2002

**Carstensz Expedition
New Zealand Courses and Ascents**

December 2002

**Vinson Massif Expedition
New Zealand Courses and Ascents**

2003

Jan 2003

New Zealand Courses and Ascents

Feb 2003

**Aconcagua Expedition
New Zealand Courses and Ascents
Antarctic Peninsula Expedition**

March 2003

New Zealand Courses and Ascents

April 2003

**Shishapangma Expedition
Everest Base Camp Trek**

May 2003

Shishapangma Expedition

June 2003

Great Trango Expedition

July 2003

**Muztagh Ata Expedition
New Zealand Ice Climbing
Gasherbrum I & II Expedition**

August 2003

**Muztagh Ata Expedition
New Zealand Ice Climbing
Gasherbrum I & II Expedition**

September 2003

Cho Oyu Expedition

October 2003

**Ama Dablam Expedition
Island Peak Expedition/Trek**

November 2003

**Carstensz Expedition
New Zealand Courses and Ascents**

December 2003

**Vinson Massif Expedition
New Zealand Courses and Ascents**

2004

Jan 2004

New Zealand Courses and Ascents

Feb 2004

**Aconcagua Expedition
New Zealand Courses and Ascents
Antarctic Peninsula Expedition**

March 2004

New Zealand Courses and Ascents

April 2004

**Everest Expedition
Everest Base Camp Trek**

May 2004

Everest Expedition

June 2004

Great Trango Expedition

July 2004

**Muztagh Ata Expedition
New Zealand Ice Climbing
Broad Peak Expedition**

August 2004

**Muztagh Ata Expedition
New Zealand Ice Climbing
Broad Peak Expedition**

September 2004

Cho Oyu Expedition

October 2004

**Ama Dablam Expedition
Island Peak Expedition/Trek**

November 2004

**Carstensz Expedition
New Zealand Courses and Ascents**

December 2004

**Vinson Massif Expedition
New Zealand Courses and Ascents**

Minimum numbers apply for all expedition/trip departures. There are spaces left on most of these trips, so call now to receive a detailed expedition information pack.



Adventure Consultants perform to UIAGM standards and are world leaders in high altitude guiding.

Adventure Consultants - An IGO8000 founding member company. We are members of the New Zealand Mountain Guides Association (NZMGA), the International Federation of Mountain Guides Association (IFMGA), New Zealand Alpine Club (NZAC), and we are corporate supporters of the American Alpine Club (AAC).



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Adventure Consultants Limited

58 McDougall Street, PO Box 97

Wanaka 9192, New Zealand

Phone +64 3 443 8711, Fax +64 3 443 8733

Email info@adventure.co.nz

www.adventure.co.nz or www.adventureconsultants.co.nz
(New Zealand mountaineering) (International expeditions and treks)