



Alpine Expedition Course

Course Notes

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The 12 day Alpine Expedition Course was designed by Adventure Consultants to provide you with up-to-date mountaineering skills with a focus on developing the necessary skills in preparation for expedition climbing.

The course is directed toward fit and motivated people who have some background in the outdoors. Previous alpine or rock climbing experience, bushwalking or tramping to a demanding level, or other related activities which develop self reliance and a mentally robust attitude, are the pre-requisites for this course.

You will share the experience with other people hungry for knowledge and skills on a course run by some of the world's leading alpinists.



At the end of the course, participants would have the skills to tackle more demanding ascents within New Zealand and take their first steps towards Himalayan objectives, either guided or on their own.

Experience is imperative before tackling major ascents and this course is designed to help you navigate your way towards safe and successful climbing practices.

The course objective

Our objective is to pass on the skills, which have made us successful in our own climbing, and Himalayan careers. The most important attributes being:

- A solid climbing standard and mountain awareness
 - Sound judgement of your own ability
 - Good planning and preparation skills
 - Informed decision making
 - Technical mountaineering proficiency
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The benefits of joining an Adventure Consultants mountaineering course

With our headquarters based at Lake Wanaka we have the distinct advantage of short travel times to the venue with the best weather and conditions at the time and we have the option of the Westland, Mt Cook and Aspiring mountain regions in addition to crags around Wanaka and alpine rock at Remarkables. This enables us to get you onto the most appropriate location much faster and give more choice of venue.

This course has been designed by Guy Cotter who has been climbing for 35 years. Additional to his extensive record in New Zealand, his career has included 32 high altitude expeditions, including 4 ascents of Mt Everest and 3 other 8000m peaks.

As an IFMGA Guide since 1991, Guy Cotter recognises the need for people to learn about 'climbing', and not just being taught the technical skills in isolation. This is not an easy task and requires experienced and highly skilled guides with good instructional skills to achieve. The guides at Adventure Consultants are recognised as amongst the best in the industry with the ability to help you get the most from your time with us.

AEC Point of Difference

The main points of difference on the Adventure Consultants Alpine Expedition Course are:

- More time to gain experience while practicing skills
- Focus on remote mountainous areas
- Highly experienced expedition guides instructing
- A 1:3 instructor to student ratio

Participants are expected to have a good level of fitness and some basic rope skills before joining the course.

Note: Participants joining this course must arrive with a good level of fitness and some basic rope skills. An appropriate level of fitness is that you can carry a 20kg pack in hill country for several hours at a time without undue fatigue. If you are not sure, please send us an honest outdoor resume or call us and we can advise you on which is the best course for you.

The skills that will be taught on the course

We endeavour to cover the following skills during the course; however factors such as weather and climbing conditions may dictate that some skills are not covered in full.

- Basic to advanced snow and ice craft
- Rope skills applicable to alpine climbing and expedition climbing including fixed ropes
- Glacier travel and rescue skills
- Weather analysis
- Alpine rock skills
- Mountain first aid, health, high altitude medicine and acclimatisation practices
- Route finding

- Navigation
 - Avalanche awareness and rescue techniques
 - Expedition camping skills, tenting, snow caving, bivvies
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Typical course outline

The following is a typical outline for the Expedition Course based on a prior course in the Remarkables and Mt Cook regions with AC guides Dean Staples and Mike Madden.

Day 1 Monday

The group meet at 9.00 am at the AC office in Wanaka at 58 McDougall Street. Course participants are introduced and the guides outline the course syllabus and what the group will be up to each day of the course. The group is given a brief rundown on what the forecast is saying about the upcoming weather.

Dean gives a concise equipment talk so everyone knows what to bring and the crew then organise personal and group equipment. (Note: bring all your gear with you, including those items you are not sure whether to include or not). Rental equipment will be fitted at this time and final purchases can be made. Food is sorted for the trip, which becomes a valuable 'hands-on' exercise for everybody. Once organised, the group load themselves and the gear into the van for the 2.5 hour trip to the Remarkables range, a rocky range with a couple of steep rock summits.

It's a hike for 1.5 hours to the AC camp on the flanks of Single Cone, one of the craggy peaks of the Remarkables. The camp consists of a couple of expedition style tents, one for cooking and one for sleeping. Dean and Mike deliver a lesson in ropework and belaying skills, for most of the groups it's revision but for some it's reasonably new.

Then it's time to sort dinner. There are lots of rules about camp safety to absorb as the guides induct everybody into safe and hygienic practices. Nobody wants to be responsible for burning the camp down do they! Everyone grabs a bunk and are taught how to refuel and light the stoves then the group is broken into teams for dealing with food and dishes.

Day 2 Tuesday

After breakfast it's time to use yesterdays skills on the bluffs above the camp for some multi pitch climbing on low angled, but very good rock. There are very good cracks that are used to protect the climbing and the guides climb alongside to ensure the gear is being used correctly and advise on how to streamline systems and climbing calls. After several pitches the groups have reached the top and are working on rappel anchors that are used to descend. The next lesson is on fixed rope training where the participants get to see how they are placed as well as ascending/descending practice. A hungry crew head back to the camp for lunch.

Then it's time for walking on snow and self arrest techniques. This gets everyone going as they slide down the slopes and learn how best to stop with the ice axe. The skills are handy in Remarkables early season for walking around on some of the snow slopes leading to the peaks. The guides then instruct the group on prusiking and self rescue skills that are a lead-up to crevasse rescue skills that will be taught later in the course.

Day 3 Wednesday

Today the course is split into two groups, Dean taking one group up Single Cone by the East Ridge while Mike takes the rest via the South ridge. It's a day to put multi-pitch climbing into practice with awesome views out towards the Southern Alps. The teams meet at the summit for lunch then descend back to camp to pack up and head down to the vehicles to drive to Mt Cook for the next phase of the trip. All good so far! The group arrives at the New Zealand Alpine Club hut, Unwin hut, where everyone moves into a bunkroom and chips in to cook dinner.

Day 4 Thursday

The weather has deteriorated overnight and there are no flights going today. The day is spent on theory lessons that focus on weather, navigation and route finding lectures (and outside practice), a high altitude illness lesson, escaping from the system techniques, and crevasse extraction training. In all its frustrating waiting for the weather but the time is put to good use. The forecast is on the improve so it's a more positive outlook for the next day.

Day 5 Friday

By 9.30am the group is at Mt Cook airport and loaded into a helicopter for the spectacular flight past the country's highest peaks into Murchison valley at the head of the Tasman Glacier. The group unloads the gear in the middle of the glacier and soon the skies are silent and the grandeur of the surrounding peaks sinks in. The guides deliver an initial familiarisation talk to clarify nomenclature and identify the peaks and features surrounding the valley and point out safe and unsafe areas of travel.

The gear all now must be carried up the slope to the Murchison Hut that is a bit of a grunt with a weeks worth of food and equipment! The hut is a small bunkroom with a bench for cooking and an outside loo that requires boots to be put on before heading out. There are more rules about hut safety, especially as everyone needs to be especially careful with white spirits stoves.

After lunch it's time to head outside and get gear sorted to start the high alpine component of the course in earnest. The guides take the group through a progression on roping up for glacier travel, cramponing and ice anchors. At the end of the day everyone has either developed an entirely new set of skills and for those who have done some snow and ice climbing before, this is good revision to know they are on track with their existing skill set. It's a big mistake to assume the other climbers are as current as they believe they are, and this in itself is a good lesson as techniques vary between areas and evolve over time. The evening is spent getting dinner ready and preparing for an overnight bivvy the following night.

Day 6 Saturday

The group leaves the hut early to descend onto the Murchison Glacier. Along the way they learn how best to negotiate glacial terrain and what is the correct rope techniques to use around the crevasses. Basic crevasse self rescue is covered and this will be followed by a more comprehensive lesson later in the course. Snow anchors are introduced during the lesson and the team use the training time on the glacier to rest up before the slog up the slopes to Classen Saddle. From there one has good views down into the Godley valley and on to Mt Darchiac. But the day is not over yet; the guides soon have the group racking up again to climb the 2444m peak above the saddle known as Mt Phyllis. Hooray, the first summit of the course! It's going to be a bivvy out tonight and the group retires to have a lesson on good camp management and establish camp in the alpine setting. Then it's time

for a team cook-up and look at the sunset before a welcome sleep.

Day 7 Sunday

The group gets to appreciate how difficult it is to get organised after a night out in a bivvy and it takes some time to have everyone up and ready to move on. It's good to clear the lungs with a 2-hour walk up the slopes towards Mt Broderick which was almost climbed to the top while working on running belays and rock anchors on the way up. Close to the summit Dean made the decision to come down due to high winds and less than perfect rock. The valuable skills of mountain movement and mixed rock and snow climbing highlight this trip and one can revel in the satisfaction of staying at high altitude all day. The decision is made to pack up quickly and begin the descent back to the Murchison glacier. The team must down-climb the sections they came up yesterday so the first one down places anchors and runners as security for the descending climber above. The guides focus on everyone placing good snow anchors on the way. Once the team reaches the ice they cross the glacier to the hut. A good dinner is enjoyed then Dean and Mike involve the team in an in-depth debrief where the teams actions and techniques are analysed and suggestions for improvement are made. The guides make it clear this is no place for sloppy or lazy techniques and they will pull up anyone who isn't focusing.

It's time to pack up all the gear in preparation to carry heavy packs tomorrow for four hours up the valley. The plan is to climb the Murchison headwall to Kelman hut which is situated at the head of the Tasman glacier. The guides have cunningly had some of the food and fuel flown in there to reduce the loads somewhat. A bad forecast means an early start is required to get to Kelman before the weather gets too bad.

Day 8 Monday

It's hard getting up at 3am and it takes an hour and a half to have breakfast and leave the hut while it's still dark. A glacier approach is done by headlamp to the head of the Murchison valley until the dawn breaks. The route requires the team climb three pitches on snow and ice on the headwall for security around crevasses then it's a short climb up to Kelman hut. Just in time, the wind increases and rain and snow start to fall, horizontally!

Day 9 Tuesday

The morning is fully frontal so the team does a session on rescue scenarios and medical first aid. The rain and sleet stops lashing the hut around midday and that leaves time to head out and do a session on crevasse extraction and prusiking out of a crevasse. Its good training that leaves one in no doubt that it's best to avoid falling into them!

Day 10 Wednesday

It's mostly clear again so the decision is made to get up and head out at 5am. An hour across the valley is an ice face on a peak that is perfect for developing ice-climbing skills. Due to hard conditions the climbers are forced to use only ice screws as runners and belays. After five (shortened) pitches they have bagged another summit, the 2,699m Mt Aylmer. An intricate ridge descends to the Col then it's time to make an afternoon ascent of Hochstetter Dome 2,827m that is reached mid afternoon and there is time to hang on the summit for a while to take photos and enjoy the view. The descent is via the west shoulder then it's time to make the hike back across the breadth of the Tasman glacier to Kelman Hut and there's lot's of incentive to get dinner prepared and into bed. Another storm front is forecast to come through and the group feel fortunate to get the summits in they have achieved.

Day 11 Thursday

A tired group walks down the Tasman Glacier travelling over ice, moraine, and onto the end of the white ice 4 hours down from Kelman Hut. There's a series of short but steep ice walls that the group get to practice some steeper climbing on as there's a bit of delay before a helicopter can pick up the team. It's impossible not to be happy with the helicopter ride out to Mt Cook village, thus avoiding the long slog the rest of the way down the Tasman moraine. That shower at Unwin Hut surely feels good after so long!

In the afternoon the vehicle is packed up for the return to Wanaka where the team all decides that instead of cooking tonight they will go out for a feed. The night is spent bunking it at a backpacker lodge close to the town centre so it's not far home for those wanting to celebrate more than others!

Day 12 Friday

Today it's back to the AC office. There's time for an informative lecture on climbing at high altitude and a video taken by the AC guides on climbing Everest with spectacular footage of the summit ridge through the Hillary Step to the top. Then there's a discussion on decision making in the mountain environment and it is really beneficial to glean from the guides how they go about making decisions in such extreme environments. To finish up sorting out the equipment then the guides debrief the course. Team members get to share the highs and lows that each person experienced on the course with the rest of the group who have come to know each other well over the previous 12 days. After all the goodbyes have been done, the group heads into town for some socialising. Of course plans are already being made for future climbing trips with like minded people who have a similar experience level and aspirations.

Our Guides

This course is run by our guides who have been Expedition Leaders or guides on our Himalayan expeditions. The course has limited entry and is a must for anyone who wants to learn as much as they can about Expedition climbing from some of the world's leading Himalayan Alpinists.

Once minimum numbers have been met, the instructor to student ratio will be 1:3. Adventure Consultants have a commitment to ensure the highest standard of instruction and guiding practices. We will offer you the best possible learning experience, and a safe and enjoyable time. An open and helpful approach is encouraged within the group to help communicate and reinforce the learning process.

Our guides are all NZMGA and / or IFMGA internationally qualified. They have been trained and assessed through the New Zealand Mountain Guides Association, and operate to the high standards and guidelines set out by the association.

The way the course operates

We spend as much time in the mountains as possible actually climbing peaks whilst developing skills. Initially you will develop and reinforce your skills in a contained environment and move on to more challenging routes and terrain during the course.

Due to the variability of conditions and weather, the guides will make changes to the program to ensure you get the best outcomes and training opportunities from what the gods throw at you. Because of this you should expect some changes to the itinerary and be flexible with your perceived outcomes. Whatever happens, your guides will use their considerable experience to ensure you get the best from the course that can be offered.

Experiential learning is a major factor in learning how to be a competent mountaineer. The emphasis of the course is on safe application of skill development. We will introduce skills through actually climbing peaks and increase the intensity of the program at your pace.

Alpine climbing can involve long days with early starts in order to gain a summit, and descend before nightfall. There are times when the weather may be rough and there can be periods of discomfort. We manage this through consultation with the group members and our objectives are dictated by the strength and motivation of the group as a whole.

You may have the opportunity to develop additional skills before the course commences. Rope skills can be learned through local alpine clubs, and previous rock or alpine climbing experience will allow you to gain even more from the course.

Weather plays a major factor in any mountain experience and New Zealand's Southern Alps get their share. We intend to run the course to schedule, however weather influences may require us to adjust the program accordingly. Weather in itself is an important lesson for the group to learn, in versatility and objective selection, based on the present and forecasted weather conditions.

The course venue

We operate our courses in the Remarkables, Mt Aspiring, Mt Cook or Westland National Parks. Being based in Wanaka gives us more flexibility than any other location in the Southern Alps to be able to travel directly to the best area for running the course. Operators based in Mt Cook are shut down by weather for extended periods. However, due to Wanaka's central proximity to all the regions, we have the ability to anticipate these weather systems and will travel to the opposite side of the mountain range and get into the mountains often, days before it clears on the windward aspects. We consider factors such as: weather and snow conditions, hut occupancy rates, and our knowledge of where to find the best climbing conditions at the time. The course will commence and finish at our Wanaka office at 58 McDougall St, Wanaka. **The course starts at 9.00am on Day 1.**

Climbing season

The most suitable time for alpine climbing is from November through to April. From November onwards we can expect more snow on the routes, and as temperatures warm up into the summer months of January and February, we traditionally experience more settled weather and mixed climbing conditions (snow, ice and rock). From March through April, late summer conditions exist which result in a combination of rock and ice routes, however cooling temperatures can bring snow falls to the Alps. At this time of year the days begin to get noticeably shorter.

Weather

Weather is an integral facet of any mountain range and getting to understand and work with this major environmental factor is what will distinguish you from the others. The New Zealand weather can be fierce but also benign. A climber who learns to optimise their opportunities here will have the skills to climb in any other mountain environment on earth.

On your course it is probable that some adverse weather may affect climbing plans however we will attempt to anticipate the best program to pursue for the positive outcome of the course. At times we may be forced to delay our departure into the hills in favour of other valuable activities and move into the mountains when conditions permit. It is very rare that a trip does not get sufficient weather 'windows' that will allow entry into the mountains, but it does happen. Please be assured that your guide/s will do the best they can to get you climbing but forces much more powerful than us are responsible for the final outcome.

A day or two spent in a mountain hut can provide valuable rope skills and lesson time that you may not otherwise have had time to focus on. If there is bad weather at the start of the course, there are many options for learning skills on the nearby crags of Wanaka, or sometimes the ice crags of the West Coast Glaciers. Your guide/s will ensure the time is used most efficiently.

Whilst we do our utmost to provide the best program that will deliver you the maximum learning outcomes from your course you need to arrive with the awareness that weather may disrupt your course. We have to appreciate with the weather that we are contending with nature in its most pure form and a part of the allure in climbing is that in the mountain environment, there are forces much more powerful than humankind.

Ground and air transport

Return **ground transport** from Wanaka to the course venue is included in the cost of the course.

Aircraft access alleviates long and tiring walks into the alpine region with heavy packs. It allows you to start the course fresh, gain more valuable instructional time and take advantage of fine weather periods. For this reason we utilise helicopters or ski planes depending on availability and the region we operate in. **The helicopter or ski-plane flight into the alpine region is included in the course fee.**

We are also the only operator to include the cost of an egress flight in the course fee (conditions apply). We include an egress flight out from the mountains so your course spends the maximum amount of time above the snowline learning skills rather than walking.

Equipment

Climbing in the Southern Alps requires good personal gear due to the potential weather conditions. Our focus is on having the essential clothing and equipment, whilst keeping pack weights as light as possible for your comfort and ease of travel.

The course equipment list is a guideline to your equipment requirements. We carry a good range of modern rental equipment. If you will be renting equipment from us please advise your requirements in advance to ensure correct sizing and availability.

If you intend on buying any equipment items, we are happy to advise on recommended brands and models, and of key importance - their suitability to the type of activity. We offer our clients discounted prices on a selection of climbing equipment and clothing, and can arrange for the equipment to be available upon your arrival.

Your Guide will go through an equipment checklist with you prior to the trip. These will vary subject to seasonal weather and route conditions. All group equipment including ropes and stoves will be organised by your Guide.

We can offer secure storage at our office for your luggage and valuables during the trip.



Guide books and maps



Included in your course fee is a complimentary copy of 'A Climbers Guide to New Zealand Mountaineering Techniques'. Written by Adventure Consultants guides Guy Cotter, Dean Staples and Mark Sedon, the 'ACG' was published specifically as reference material which you will find useful before, during, and long after your course has finished.

The Mount Cook Guidebook by Alex Palman and The Mount Aspiring region - by Allan Uren and Mark Watson offer good insight into to the variety of peaks and routes in these respective areas.

It is useful to have your own map for navigation exercises, and we can advise you of the relevant 1:50,000 topographic maps required. The training area venue for your Alpine Expedition Course will generally only be decided just prior to the course commencement date to ensure the most favourable area is utilised. The above books and maps can be purchased from our office in Wanaka.

Fitness and health

To make the most of your climbing experience we encourage you to work on your fitness prior to the course. A good level of fitness takes time and commitment and can only be achieved by either training hard or being constantly physically active. In training it is best to actually carry a pack for long periods on hills and uneven terrain on a regular basis. Your own level of enjoyment will be directly related to your level of fitness. Our registration form requests that you advise us of any medical problems you may have and if you are on any medication. Any information you supply will be treated as confidential.

Communications and messages

Our guides are in radio/cell/sat phone communication with our operations base and Department of Conservation headquarters throughout the trip. This assists us with schedule and weather forecast updates, helicopter coordination and safety back up. Urgent messages can be relayed via our office to the field if required. Each course carries a locator beacon for additional security.

Food

We place emphasis on providing nutritious meals and a good supply of snack food throughout the trip. If you have any special dietary requirements, please advise us at the time of registration. For special diets such as vegan and gluten/dairy free we will call you to discuss your needs and how this will work in the group cooking situation. In some cases, people with specific requirements that are not compatible with a group situation will be asked to supply some or all of their own food.

Insurance

We strongly recommend that you take out trip cancellation insurance and travel insurance to protect yourself in case of injury or mishap or cancellation prior to/ or whilst on our trips.

Whilst our focus is on safety and our track record supports this, the mountains do have hazards and there is always the potential for mishap. If you were injured whilst on the trip the New Zealand Accident Compensation Corporation (ACC) will pay rescue costs upon review of the circumstances and authorisation by the Police. This service may not apply to evacuation costs for medical conditions. You are not eligible for bulk compensation payments from ACC, and you are responsible for any medical or evacuation costs beyond the cover provided by ACC.

Travel to, and accommodation on your arrival, in Wanaka

We commence our Mt Aspiring trip from our base in Wanaka. Air New Zealand and Qantas provide daily services for the 50 minute flight from Christchurch International Airport to Queenstown. There is also a daily flight from Christchurch to Wanaka and direct flights from Australian cities to Queenstown.

A shuttle service operates 5 times daily between Queenstown and Wanaka (one hour driving time and at a cost of \$30 each way) check www.time2.co.nz for details.

Bus services operate daily between Christchurch, and Wanaka (approximately 4-6 hours travel time), also between Dunedin and Wanaka (approximately 3-4 hours travel time). Wanaka has a range of accommodation from backpackers, youth hostels, motels, and hotels to luxury lodges.

We can help you book your accommodation / airport transfers if required.

Accommodation during the Course

Adventure Consultants will provide your accommodation while the course is running which is from 9.00am on Day 1 until 5.00pm on Day 12. When in the mountains you will stay in mountain huts with shared bunkrooms and basic facilities. There are no single rooms available. Some mountain nights will be spent in tents or bivvies where you will be more exposed to the elements but the final decision on this will be made by the guides after weighing up all the factors.

For overnights in Fox Glacier and Mt Cook villages you will be accommodated in dormitory style Alpine Club huts and in Wanaka in dormitory style backpackers with shared bathroom facilities. You may decide to upgrade to single accommodations in Wanaka at your own expense, should you require.

How to find us

Our office is situated at 58 McDougall Street in Wanaka, approximately 5 minutes walk from the town centre.

The course begins at 9.00 am on Day 1 of the course at our office at 58 McDougall Street, Wanaka. Please arrive just on 9.00am as the guides will be preparing prior to that time. You will need to arrive in town the night prior to the course commencing. Please let us know if you are delayed in your arrival and an expected arrival time.

Ten minutes drive from our office is some of New Zealand's best sport climbing in the Matukituki Valley - the gateway to the Mt Aspiring region. Three ski resorts provide plentiful winter activity and all year round fishing, boating and numerous other recreational activities abound.

The course fee

The course fee is **NZ \$3970.00 per person**. The price includes; Guide Fees and hut fees, all meals and snack foods whilst on the trip, group equipment such as ropes, tents and stoves, ground transport ex Wanaka, course manual (A Climber's Guide to NZ Mountaineering Techniques, by Guy Cotter, Dean Staples and Mark Sedon) Department of Conservation fees (CA/155/Gui), NZ Goods and Services Tax (15%), NZ Alpine Club membership and aircraft access and egress.

Technical climbing equipment is included in our FMC, MIC, ACC, and ARC summer scheduled courses and we can offer a package rental price for AEC participants who are renting a lot of equipment. We tend to find AEC participants have much of their own equipment and want to use their own gear but we certainly have good rental gear available to supplement your own equipment.

- We strongly suggest you purchase trip cancellation insurance from your normal travel agent.
- All prices are subject to change without notice.
- Minimum numbers apply on all scheduled instruction courses.

Course Dates Summer 2011/2012

AEC #1: November 14 – 25, 2011

AEC #2: January 23 - February 3, 2012

AEC #3: February 27 - March 9, 2012

Course registration and payment

In order to confirm a place on the course, we require a completed registration form (use the booking form on our website or contact us and we'll send one out) and a 25% deposit of the course fee.

The balance of payment is then due 60 days prior to the start date.

Our online registration form is at:

<http://www.adventureconsultants.com/adventure/BookingForm/>

Payment can be made by a NZ Dollar bank draft or cheque, Visa/MasterCard/Amex or Telegraphic Transfer to our bank account - details supplied on request.

Please note: In order to reserve a place on a course we recommend that you book well in advance. These courses are popular and fill up fast.

Course cancellation policy

1. Cancellations outside of 60 days incur a NZ\$250.00 cancellation fee.
2. For cancellations made within 60 days of the trip commencement date we reserve the right to retain 50% of the full fee.
3. For cancellations made within 30 days of the trip commencement date we reserve the right to retain 75% of the full fee.
4. For cancellations within 15 days of the departure date a cancellation fee of 100% of the full fee applies.

We highly recommend you take out trip cancellation insurance via your travel agent – trip cancellation insurance is usually packaged together with your travel insurance and covers you for loss of deposits should you not be able to make the trip for personal reasons.

If we are unable to meet minimum numbers on the course (2 people) then we will offer you a shorter program for private guiding, with an access flight only.

We look forward to welcoming you onto your Alpine Expedition Course!

Contact us

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Adventure Consultants – is affiliated to the New Zealand Mountain Guides Association (NZMGA), New Zealand Alpine Club (NZAC) and a corporate member of the American Alpine Club (AAC). Adventure Consultants perform to IFMGA/UIAGM standards and are world leaders in high altitude guiding.



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